



## **6.4 NAPPY CHANGING**

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### **Policy statement**

**Children are accepted at St. Saviour's Pre-school and Nursery whatever their level of continence control. However, most parents feel the weeks before starting Pre-school provide a good opportunity to begin toilet training as not only does it enhance the child's self-esteem and self-confidence, the child is also encouraged by seeing other children using the toilet independently.**

**We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.**

**We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.**

### **Procedures**

#### **Supporting children**

- Children will be supported, as and when they need it, by a DBS checked member of staff.
- Students and voluntary helpers may not accompany children to the toilet, unless it is their own child.
- Children who are more independent, are encouraged to access the toilet whenever they need to.

#### **Accidents**

- If a child has an accident, he/she will be changed in a separate room. Parents/carers may leave a change of clothing in a named bag on the child's peg, or will be lent clothes from the setting, which must be washed and returned. Wet clothing will be double bagged and left on child's peg or name.
- A child with delayed continence or other medical difficulties, will be supported as necessary, in agreement with parents.
- Older children access the toilet when they have the need to and are encouraged to be independent.

#### **Nappy changing**

- Staff must wear disposable gloves when changing a soiled nappy, and use the changing mat in the lobby area.
- Children in nappies/pull-ups will be changed if soiled or uncomfortably wet.
- The parent is required to supply wipes, nappy, cream and a sack.
- Nappies will be double bagged and disposed of in the outside bin.
- Changing mat to be disinfected after use. Hands must be washed using hot water and liquid soap.
- If a child is distressed, parent/carer may be asked to help.
- If staff notice any marks or injuries on a child, they must inform leaders who will follow procedures for Child Protection.

